

MAY MENTAL HEALTH MONTH

Events and Opportunities



02

MAY

The Impacts of Race-Based Discrimination on Children and Adolescents Through a Trauma- informed Lens

10am - 12pm, virtual event on Zoom. [Learn more here](#)

08

MAY

Mental Health Awareness Month Event at Whittier Health Center

12 - 2:00pm at 1290 Tremont Street Roxbury, AM. [Free to the public!](#)

03

MAY

Prenatal Mental Health Awareness Day!

09

MAY

Boston Student Advisory Council (BSAC) Showcase

4 - 6:00pm at 2300 Washington Street Roxbury, MA. [Register here.](#)

04

MAY

Real Talk & Real Tools for Mental Wellness, by Psi Iota Omega

1:30 - 3:30pm at the Brockton Public Library. [Register here.](#)



My 'Self' in the World: Virtual Storytimes

As regularly scheduled. Thursdays from 3:30 - 4pm on Zoom [Register here.](#)

07

MAY

My 'Self' in the World: In-Person Storytime

10:30am at the West End/ Cambridge St. Branch Library



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MAY

**Moms Congress-
Congressional Briefing:
Saving and Supporting Moms**

Capitol Hill, Washington DC

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MAY

**Youth Mental Health
Forum**

5:30 - 8pm at Hibernian Hall
184 Dudley S, #200 Boston, MA
[Register here](#)

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MAY

**My 'Self' in the World:
In-Person Storytime**

11am at the Mattapan Branch Boston
Public Library

31

MAY

**My 'Self' in the World:
In-Person Storytime**

11am at the Mattapan Branch Boston
Public Library

18

MAY

**NAMI Walk for Mental
Health Awareness**

9am - 1:30pm at The Parkman
Bandstand at the Boston Commons
[Register here](#)



**My 'Self' in the World:
Virtual Storytimes**

As regularly scheduled
Thursdays from 3:30 - 4pm on Zoom
[Register here.](#)

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MAY

**My 'Self' in the World: CMHS
In-Person Storytime**

10:30am at the Grove Hall Branch
Boston Public Library



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