



In celebration of Mental Health Awareness Month, Vital Village & partners are hosting community events around the Boston area designed to build social connectivity and highlight how creative expression, self-care, and civic engagement can positively impact metal health.

ADDITIONAL EVENTS

VITAL VILLAGE EVENTS

Mental Health StoryTime

Frugal Bookstore 10:30-11:30am

Mental Health StoryTime

Mattapan Library 10:30 to 11:30



May Network Connection Meeting

Vine Street Community Center 6:00-8:00pm



Mental Health StoryTime

BPL South End Branch **TBD**



NCM Follow Up

Northeastern Crossing 6:00-8:00pm



FOLLOW THE CAMPAIGN ONLINE:



eVital_Village





4mind4bodyB

Vistit our online calendar for event details: www.vitalvillage.org/calendar Questions? vitalvillagenetwork@gmail.com - 617-414-3706

Youth Film Screening: POC and Mental Health

Transformative Culture Project 6:30-8:30pm



Address the Stress

Smart from the Start 11:00am-5:00pm



NAMI Walks

Artesani Park 9:00am-1:00pm



Mental Health in the Workplace

General Assembly Boston 6:30-8:30pm



Infant & Early Childhood Mental Health Wrkgp Mtg

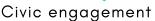
MSPCC/CMHC Jamaica Plain 9:30am-11:00am



EVENT FOCUS

Creative expression









Create a Grief House

SPARK Center 6:00-7:30pm



How Does Puberty Affect Brain Development?

NIMH Facebook Live 2:00-2:30pm



Asian American MH Forum

Malden Sr Community Center 9:00am-5:00pm



Express Yourself

Wang Theater, Boch Center 7:00pm



A Day of Inclusion

