

Vital Village Network

Leadership Summit 90 Day Challenge Report 2015

Leadership Summit Summary

On October 21st and 22nd, 2014, the Vital Village Network hosted a 2-day Leadership Summit which was attended by over 75 community residents, practitioners, advocates, educators and service providers. The toolkit for this leadership and learning process was facilitated by the Institute for Healthcare Improvement (IHI) and the Interaction Institute for Social Change (IISC) and aided our network in establishing a common foundation for improvement work *to promote child, family and community wellbeing*. Immediately following the Leadership Summit, the **90-Day Challenge** was launched, where partners set their own aims and took action within our learning community to make positive, scalable change in the Codman Square, Dudley and Mattapan neighborhoods of Boston, Massachusetts.

















90-Day Challenge By the Numbers

35

Collaborative Actions
Taken



8

Resident Co-Designed Innovations



Vital Village Network Leadership Summit
October 21 & 22,72014

300an-300pm Ture & Ned
Carter Austrian, 35 Northampton St
2000pm, AA 02118

30 days

-DEVELOP AN IMPROVEMENT PLAN
BUILD COLLABORATION
--MEASURE-GROWTH
90 days

SHARE SUCCESS!

-
SHARE SUCCESS!

6

Surveys/Data Tracking
Tools Developed



S

I

C

2

Resident Groups Formed

6

PDSA Cycles



5

Collaborative Grants
Submitted





1

Peer-to-Peer Program
Launched



EXCEPTIONAL CARE. WITHOUT EXCEPTION.

6

Redesigned Meeting Formats



Supporting Success in Breastfeeding and Beyond: Collaborations that Connect and Engage

Jenny Weaver, RN, IBCLC brings over two decades of healthcare and lactation experience, while Berthilde Sylvestre, CLC brings a unique passion and multicultural background. Together, this incredible duo runs the BMC Baby Café at Codman Square Health Center in Dorchester, MA.

In October, Vital Village sent Berthilde to Atlanta, Georgia for the Reaching Our Sisters Everywhere (ROSE) Master Trainer Workshop, while Jenny attended the Leadership Summit. Through discussions with Vickey Siggers, a fellow Leadership Summit attendee and program coordinator at Mattapan Family Service, a new partnership was formed and their 90-Day Challenge aim became to open a free, drop-in breastfeeding group in Mattapan.

Berthilde, Jenny, and Vickey—equipped with skills and knowledge from the SJMI Training, ROSE Master Trainer Workshop, and Leadership Summit—and supported by a collaboration between ABCD Head Start, Mattapan Family Engagement Network, Reaching Our Sisters Everywhere, BMC Pediatrics Breastfeeding Center, Baby Café USA and the Vital Village Network—have successfully completed their 90-Day Challenge and have launched a free weekly breastfeeding drop-in group at the Mattapan ABCD Head Start.



Engaging the Community in the Creation of a Trauma-Informed Curriculum for Group Well-Child Care

We know that creating connections between parents, helping families identify and understand toxic stress and teaching reflective parenting optimizes a child's health and development. Because of this and as part of the "Innovations in Group Well-Child Care" pilot project, Dr. Sanam Roder, Dr. Lauren Graber and colleagues at Codman Square Health Center have been working to enhance group well-child care using a participatory action approach.

In October 2014, the team introduced a trauma-informed curriculum to group providers at the health center and launched their 1st Plan-Do-Study-Act (PDSA) Cycle, which included observing all group well-child visits and debriefing as a team. During that time, the team also conducted 3 focus groups with 17 group participants to

gather feedback on the trauma-informed curriculum and the overall group care model.



In January, the team launched their 2nd PDSA cycle, which included curriculum modifications and a 2nd iteration of group visit observations. Moving forward, we will be incorporating the feedback from a parent advisory committee into the trauma-informed group well-child care curriculum.

Vital Village Emerging Leader Lauren Graber, MD was recently awarded the Kraft Fellowship for Community Health Leadership.



Community Engagement in Real Time: What I Learned from Woolson Street

Mirlande Joseph is a Community Organizer for the Mattapan Food and Fitness Coalition (MFFC). In her role, Mirlande worked with MFFC to engage Mattapan residents in the planning and opening of the Woolson Street Community Garden this past fall.

Mirlande attended the Leadership Summit and set her 90-Day Challenge aim on building a resident association in the Woolson Street neighborhood where she grew up. One of the first steps Mirlande took toward achieving her aim was to hold a focus group with the residents of Woolson Street who were interested in talking about the issues in their community. Since the first focus group, the Woolson Street Resident Association has identified 2 interest areas—neighborhood safety and cleanliness—and has been meeting on a monthly basis with the support of the Vital Village Network. The Woolson Street Resident Association is currently working on more outreach within their community.



Trauma-Informed Practices in Classrooms: Establishing Measures in 90 Day



Over three years ago, the Vital Village Network and Dr. Neena McConnico, Director of the Child Witness to Violence Project, formed a partnership to think about how they could help teachers create a school environment that better supports students who have been exposed to trauma. Last year, with the help of Vital Village Emerging Leader Audrey Jackson, they created the B.R.E.A.K Toolbox, a set of hands-on materials that help students regulate their emotions. After the formation of these materials, Vital Village, Child Witness to Violence and Orchard Gardens Pilot School entered their first Plan-Do-Study-Act (PDSA) cycle to pilot the trauma-informed curriculum in a few elementary classrooms.

In October, Orchard Gardens Dean of Students Stephani Harvey and Dr. McConnico convened at the Vital Village Leadership Summit and began thinking systematically about evaluation and measurement. Over the course of the 90-Day Challenge, the team worked together to identify important outcomes related to student behavior, teacher perspectives and classroom culture and identified methods of measurement, including the Classroom Assessment Scoring System tool. During the months of March and April, the team has conducted trauma-informed trainings with early elementary teachers at Orchard Gardens.

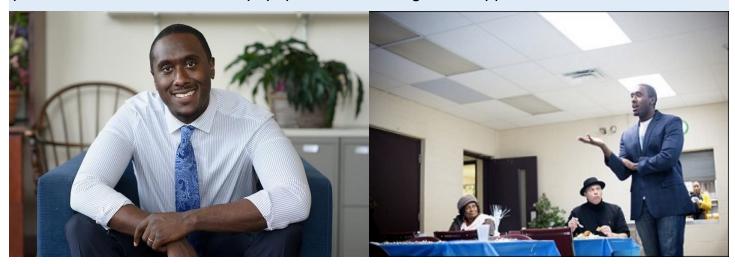


Network-Driven Collaboration around Male Engagement



As the Founder and CEO of Father's Uplift, Charles Daniels works to assist fathers in over-coming barriers (financial barriers, addiction barriers, oppressive barriers, emotional barriers and traumatic barriers) that prevent them from remaining engaged in their children's lives. Charles's approach to addressing the needs of fathers and families starts with a simple yet challenging question: How do we reduce the barriers that men need to hurdle in order to be present in their children's lives and active members in society?

Following the Leadership Summit, Charles's 90-Day Challenge was to create a strategic plan for developing a safe, accessible Family Shelter in which fathers and families will be able to spend time with their children during their transition. Charles participated in our teleconferences and our online portal, Big Tent, which served as a meeting site for brainstorming and troubleshooting. He took several action steps toward achieving his goal, which began with researching potential buildings that met his criteria. We used an asset mapping activity to pinpoint pivotal community members, social institutions, and individuals in leadership positions. From this activity, he was able to identify key stakeholders and local politicians and drafted a concept paper and letter to garner support for this work.









Vital Village Network Partners

ABCD Mattapan

Ambe's Glory

Boston Children's Museum

Boston Housing Authority

Boston Medical Center Birth Sisters

Boston Medical Center Domestice Violence Program

Boston Police Department

Boston Public Health Commission: Defending Child-hood Initiative

Boston Public Health Commission: Healthy Baby/ Healthy Child

Boston Public Health Commission: Father Friendly Initiative

Boston Public Schools

Brazelton Touchpoints

Centering Healthcare Institute

Centering Pregnancy Program (BMC)

Child Witness to Violence Project

Children Services of Roxbury

Children's Trust

City of Boston/Circle of Promise

Codman Square Community Health Center

Countdown to Kindergarten

Department of Children and Families

Domestic Violence Program

DotWell

Dudley Children Thrive in 5

Dudley Street Neighborhood Initiative

Ebenezer Baptist Church Social Action Committee

Family Nurturing Center

Father's Uplift

Fields Corner Thrive in 5

First Teacher

Haitian Health Initiative

Healthy Steps

Hike For Life

Institute for Healthcare Improvement

Interaction Institute for Social Change

Lee Academey

LIFT

Louis D. Brown Peace Institute

Magnolia Place Community Initiative

Mattahunt Community Center

Mattapan Community Health Center

Mattapan Food and Fitness Coalition

Mattapan Family Service Center

Medical Legal Partnership Boston

Mothers for Justice and Equality

Orchard Gardens Pilot School

Orchard Gardens Resident Association

Trinity Management/Orchard Gardens

Project Hope

Smart from the Start

Social-Emotional Learning Alliance for Massachusetts

Social Emotional Learning for Families

Social Justice Mediation Institute

SPARK/BMC

Thrive in 5

Uphams Corner Health Center

Violence Intervention Project (BPHC)

Whittier St. Community Health Center

Youth and Family Enrichment Services

Youth Jobs Coalition

